

All About Our Well-Being Program

Overview

Our well-being program supports your physical, emotional, financial, and social well-being—all at no cost to you—and rewards you for pursuing a healthy lifestyle.

Who can participate

If you and your spouse are enrolled in an Anthem medical plan, you are both eligible to participate and earn well-being incentives.

Annual well-being incentive opportunity

You and your covered spouse can each earn well-being incentives through quarterly points that you receive for participating in healthy activities such as:

- Completing the Health Check
- Getting preventive care visits and screenings
- Competing in challenges
- Tracking your healthy habits
- And more!

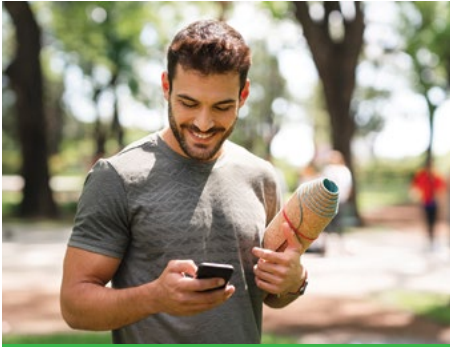
How much you earn will depend on the medical plan you chose as well as the activities you participate in.

ANNUAL WELL-BEING INCENTIVE OPPORTUNITY				
	Gold HSA	Silver HSA	Bronze HSA	\$500 PPO
Employee participation (employee-only coverage)	Up to \$600	Up to \$800	Up to \$250	
Employee and covered spouse participation (All other coverage levels)	Up to \$1,200	Up to \$1,600	Up to \$500	
How incentive is paid	Contribution to your HSA		Gift card	

Keep in mind the well-being program offers more than incentives. You and your covered spouse also have access to health coaches who will work with you to design a personalized plan to meet your specific health needs. Plus, you can both take advantage of user-friendly tools to help track, improve, and maintain your health. These services and more are offered at no cost to you.

How to get started

- If you are currently enrolled in an Anthem medical plan, you can access the well-being program via Virgin Pulse through December 31, 2024. Go to join.virginpulse.com/Amentum. Enter key details as they appear on your paystub and start participating in activities.
- Beginning January 1, 2025, newly enrolled Anthem medical plan members and current members may visit join.personifyhealth.com/Amentum to get started. If you are currently signed up, you will continue to use the same login credentials you use today.



Reconnect with Personify Health

Virgin Pulse (our well-being program and incentive carrier) is changing its name to Personify Health, effective January 1, 2025.

The well-being program will continue to support your physical, emotional, financial, and social well-being. And, it will still reward you for pursuing a healthy lifestyle. The only difference: the platform you use to access the program will be called Personify Health and it will have a new look and feel.



You must register with Virgin Pulse/Personify Health to earn well-being incentives. All activities need to be completed and reported by September 30 each year, including annual earning opportunities (dental, vision, preventive exams, etc.). Please allow up to three months for rewards to appear from Anthem and Ovia. Those enrolled in the Anthem HSA Gold or HSA Silver HDHP must ensure they have opened a Health Savings Account in order to receive the incentive. Please log into your account at OneAmentumBenefits.com to review your enrollments and contact Businessolver at 844-705-4099 with questions.